

Day Eleven: May 11, 2020

NATIONAL NURSES WEEK!

Did you know that [National Nursing week](#) is May 11-17? The World Health Organization (WHO) has designated 2020 as the **Year of the Nurse and Midwife** in honour of the 200th anniversary of Florence Nightingale's birth.

Let's send a SHOUT OUT to all the amazing nurses and midwives this week in gratitude for all the work they do to keep us healthy and safe – especially during these unprecedented times.

Here are some ideas of how you can say “Thank You” to the nurses in our community:

1. Make a thank you card or write a letter to our local nurses or midwives
2. Draw a picture for our local nurses or midwives
3. Create a “Thank You” sign to place in your window, yard or car window
4. Using your toys, create a scene of nurses in action and then take a picture or video to share
5. Write a poem, song, story, or play about nurses and the important work that they do
6. Share a story with friends about a time you had extraordinary care from a nurse
7. If you have a family member or friends at a Long-Term Care facility, send a thank you card to the nurses that work there

Send your letters, thank you cards and pictures in a direct message to our [CVRDREC Facebook](#) or [Instagram page](#) so we can share them and spread the appreciation and gratitude!

