

Day Thirteen: May 13, 2020

DIY GRASSHEADS



Make your own grassheads using recycled materials from around the house! Grass Heads are super easy (and fun) to make, and make great homemade gifts for kids.

Kids especially love trimming the “hair”, but most grown-ups have fun with this activity too – it’s hard not to laugh when you see the final product!

Supplies:

- **Old nylon stockings or pantyhose** (knee highs and pop socks also work great)
- **Grass seeds** (apparently chives, rye or alfalfa seeds also work well)
- **Sawdust or potting mix for stuffing** (or just some soil from your garden)
- **Small, empty yogurt pot**
- **Decorations** (e.g. googly eyes and fabric scraps for the heads, coloured paper for the bodies, pipe-cleaners for spectacles, etc.)
- **Water-proof glue** (for sticking on the eyes, lips, etc... hot glue works great)

Instructions:



Step 1:

Cut off an 8" (20cm) section of stocking that includes the toe. (You could also use a “tube section” that doesn’t include the toe - you’d just have to tie a knot in one end to close it, then turn it inside-out to hide the knot.)



Step 2:

Stretch the stocking over a large cup or mug, and spoon in about 2 teaspoons full of grass seeds.



Step 3:

Pack in some sawdust or potting soil. Aim for the head to be roughly tennis ball sized.



Step 4:

Tie a knot to close the end. No need to cut off the dangly bit.



Step 5:

You can make a bulbous nose or ears by grabbing a bit of stocking and twisting. Fasten base of the nose with some thread or a small rubber band.



Step 6:

Decorate! Use fabric scraps or permanent marker to decorate the face, and coloured paper to make the yoghurt container into a dress or a suit or whatever you like - get creative! Just make sure that any glues or markers you use for the head are water-proof.

Growing your Grass Heads:

When you're ready to grow your head, give it a good dunking in a bowl of water to moisten the sawdust/soil. Half-fill the yoghurt container with water, and put the head on top, with the excess stocking dangling down into the water.

Put your creation on a windowsill or somewhere with plenty of sunlight. Check every day to make sure the head is moist - you might need to dribble a few drops of water onto the head now and then.

"Hair" takes about 1 week to sprout . A full head of hair takes 3-4 weeks to grow, and "greying and balding" will occur after about 6 weeks. Experiment with different hairstyles :-). You can make mohawks, pony-tails, crew-cuts... have fun with it!

Check out the full article and video here: <https://www.homemade-gifts-made-easy.com/grass-heads.html>

DISCLAIMER: The CVRD is not responsible for any harm, including bodily or infrastructure, that may be caused as a result of doing this activity at home, so please use your discretion and participate within the scope of your abilities, knowledge and comfort level. Please feel free to alter this activity to suit your needs, and remember to be safe and have fun!