

## Day Thirty-One: May 31, 2020

### **NATURE INSPIRED STAINED GLASS**

This craft is brought to you a woman who taught elementary school in School District 79 for 35 years! She has probably taught you, or someone in your family... and she also happens to be the mother of one of our employees!

We are really excited to share this simple, creative idea combining nature and art to finish off an amazing month of active, healthy, creative and fun activities brought to you by your CVRDrec team. We hope that these ideas have helped you and your family get active, laugh and learn during this difficult time, and we can't wait to see you in person again soon!

### **Materials Needed:**

- Paper
- Pencil
- Markers, pencil crayons or crayons (*permanent markers are best, but any will do*)
- Any type of leaf from outside
- Scissors
- Oil (*olive oil, vegetable oil, any type will work!*)

### **Instructions:**



- 1)** Go outside and find any type of big leaf – this one is from a Maple tree. (**Tip:** you can use any other shape for this instead, a heart shape might be nice if you want to display it in your window to support our healthcare workers during this time)



- 2)** Trace your leaf or shape on a piece of white paper using a pencil
- 3)** Draw a bunch of connecting lines inside the shape – get creative and use zigzags or squiggles, whatever you feel like!



- 4) Draw over your pencil lines with a thick, black marker



- 5) Colour in each section with a different colour – it's starting to look like stained glass, isn't it?!



- 6) Now all you have to do is cut out your masterpiece and hang it in the window!
- If you want to make a few of these, punch a little hole in the top of each shape and hang them on a piece of string like a banner.
  - If you used permanent markers, you can wipe oil all over both sides of your creation, let it dry, and when you hang it in the window it will appear translucent like actual stained glass!